

SPEAK YOUR PIECE — FROM PURPOSE TO POWER

6 Keys to Effective Presentation

featuring
Adria Firestone



Adria Firestone is an award-winning singer and actress whose credits range from “Carmen” to “Family Guy.” After a 25 plus-year global career, Firestone graduated as a Life Coach in 2006, is a communication skills expert, and for the past 15 years has given seminars, master classes and work-shops on presentation skills and self-help throughout the world. She has been on the faculty at New Jersey City University for the past five years.

“It is not often in life that one is fortunate enough to meet a dynamic individual who can truly be termed a ‘force of nature.’ Adria Firestone is just that. She is brilliant at communicating with and inspiring an audience; whether the setting is a darkened theater, a student master class or a professional board room. Her positive attitude and inspiration are infectious. Firestone’s passion and generosity for sharing her skills are a special gift to be experienced by all.”

— John Hoopes, artistic director,
Nashville Opera

Thursdays

October 1 to November 19, 6:30–9 p.m.

FDU’s Metropolitan Campus

(140 University Plaza Drive, Hackensack, N.J.)

This exciting and interactive class is all about you! You will discover your strengths and learning style. You will learn to read and use the power of body language. You’ll improve the sound of your speaking voice and harness the magic of listening and silence. You will learn to organize the content of what you’re communicating and finally, how to deliver that content with confidence and enthusiasm — after all, you are what you speak!

You will learn ...

1. Why knowing **your purpose** eliminates your fear.
2. How to read and use **body language**.
3. How to improve the sound of **your voice**.
4. How to **organize your content**.
5. How to **deliver that content** with confident enthusiasm.
6. Discover the **special ingredient** that makes a speaker magnetic!

Cost \$595 includes \$20 registration fee

Space is limited, call now
to reserve your spot.

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